On World School Milk Day, IDF announces work on Global School Milk programmes

IDF celebrates World School Milk Day at the IDF World Dairy Summit 2019 and announces an upcoming review of global school milk programmes, introducing data on their important impact on childhood nutrition.

Following on from its previous research into the area, today IDF announced the development of a new bulletin into school milk programmes. The publication will compile data from global experts in the field on different programmes around the world, providing insights on the range of products, along with raw data and a literature review.

School milk programmes are common in many countries around the world, for good reason. The benefits of providing school children with milk are plentiful. Dairy’s well-known natural nutrient-richness provides an abundant supply of high-quality protein, calcium, phosphorus, potassium, iodine, and vitamins B2 and B12.

The school environment can have a major impact on attitudes to food, with school milk programmes helping to address issues of malnutrition and encouraging healthy eating habits. Analysis also shows that a quality education, combined with a guaranteed package of health and nutrition interventions at school, such as school feeding, can contribute to child and adolescent development.

IDF action team leader, Maretha Vermaak said of the project: “This School Milk Day, we recognise the importance of school milk programmes and their positive contribution to children’s health and nutrition, with a preview of IDF’s extensive review of global school milk programmes. It is vital that IGO’s and government recognise
the importance of school milk programmes in promoting good health in our children, and the
data will also be invaluable to those wishing to implement school milk programmes in their
country.”

The new edition also will include a review on the evidence of the nutritional benefits of these
programmes, offering new perspectives into the global impact of SMP. The report will
explore implementation, administration, promotion, nutritional importance and other aspects
and will be an invaluable source of information for managers of school milk programmes
worldwide.

Laurence Rycken, IDF Science and Standards Programme Manager said:
“Evidence showing the multiple benefits generated through school feeding programmes is
growing. The survey will offer help to others seeking to implement a programme. IDF with
its vast network and knowledge on the topic is a key element in bringing all this information
together.”

A special IDF bulletin on school milk programmes will be available on www.fil-idf.org at the
end of November 2019. Those wishing to receive an advance notification of its publication
are invited to contact communications@fil-idf.org

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About the IDF World Dairy Summit

The IDF World Dairy Summit 2019 was held in Istanbul, Turkey. The 2019 Summit
brought together around 1000 representatives of the global dairy sector, including
government agencies, civil society, academia, farmers, processers and producers from
around the world. Together they debated, shared insights and charted the direction for the
future of dairy. The 2020 IDF World Dairy Summit will be held in Cape Town, South Africa
28 September – 1 October 2020.
About IDF

*Helping nourish the world with safe and sustainable dairy*

The IDF is the leading source of scientific and technical expertise for all stakeholders of the dairy chain. Since 1903, IDF has provided a mechanism for the dairy sector to reach global consensus on how to help feed the world with safe and sustainable dairy products. A recognized international authority in the development of science-based standards for the dairy sector, IDF has an important role to play in ensuring the right policies, standards, practices and regulations are in place to ensure the world’s dairy products are safe and sustainable.

**Media contact**

E-mail: communications@fil-idf.org