



IDF PRESS RELEASE

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The Role of Dairy in Sustainable Diets: an IDF Symposium presenting an integrated approach to capture challenges towards sustainability

On 1st and 2nd February 2018 IDF will welcome worldwide experts in Seville to debate with participants latest scientific knowledge on the impact of dairy from an environmental and socioeconomic perspective.

Professor Olivier Jolliet will focus his presentation on *“Environmental and nutritional impacts & benefits of the milk and its role in the Diet - Insights into the complex field of food sustainability”*

Sustainable and healthy foods are gaining popularity among consumers. *“Yet, we lack tools that can comparably quantify environmental and nutritional health effects. We bridge the gap between nutritional and environmental sciences by expanding the Life Cycle Assessment (LCA) approach to account for both environmental and nutritional effects”* said Professor Jolliet.

“We propose a new nutritional LCA impact category with the Health Nutritional Index (HENI). HENI quantifies the reduction in total all-cause disease expressed in avoided disability adjusted life years (DALY) per serving food, accounting for 15 dietary risk factors. HENI is an informative tool for nutrition education, health promotion, and personal dietary decision-making.” added Professor Jolliet.

Piercristiano Brazzale, Brazzale, Italy, will show a different approach to calculate the real environmental impact of food production. *“We will try to bring some clarity in this concept given that there are many indicators and approaches to find what is the environmental impact. This tend to create confusion amongst consumers and the stakeholders”* explained Mr Brazzale.

“Finally, we will showcase two different approaches adopted in Italy, which are aligned with other studies around the world. In these studies, we connect the nutritional value of each food with the environmental impact calculated with the indicators such as water footprint and carbon footprint.”

Mr Brazzale will present a holistic approach and a suggestion to adopt different systems in the future to demonstrate the real environmental impact of dairy products and improve their image. *“The final goal is to make the consumer understand that the real impact is less than believed.”*

For more information on the Symposium programme visit:

<https://www.fil-idf.org/idfevent2018/>

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International Dairy Federation

The International Dairy Federation is the leading source of scientific and technical expertise for all stakeholders of the dairy chain. The IDF engages all stakeholders in productive activities and research projects to further current knowledge and science on a wide range of issues. Today, dairy is one of the most vibrant and strategic sectors, with a major impact on national economies, public health and the environment.

Through its working bodies, events and work programme, IDF provides a common platform, systems and processes for the global dairy sector to come together to reach consensus. Given its consensus-building capacity, IDF represents the global voice of dairy towards stakeholders and intergovernmental organisations.

For more information, please visit www.fil-idf.org.

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